

Instructions and Items

Indicate how much you agree or disagree with each statement.

(1) Strongly Disagree

(2) Disagree

(3) Agree

(4) Strongly Agree

Affirmation & Belonging

I have a clear sense of my ethnic background and what it means for me.

I am happy that I am a member of the group I belong to.

I have a strong sense of belonging to my own ethnic group.

I understand pretty well what my ethnic group membership means to me.

I have a lot of pride in my ethnic group.

I feel a strong attachment towards my own ethnic group.

I feel good about my cultural or ethnic background.

Identity Achievement

I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.

I am active in organizations or social groups that include mostly members of my own ethnic group.

I think a lot about how my life will be affected by my ethnic group membership.

In order to learn more about my ethnic background, I have often talked to other people about my ethnic group.

I participate in cultural practices of my own group, such as special food, music, or customs.

Ethnic Identity - Total

I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.

I am active in organizations or social groups that include mostly members of my own ethnic group.

I have a clear sense of my ethnic background and what it means for me.

I think a lot about how my life will be affected by my ethnic group membership.

I am happy that I am a member of the group I belong to.

I have a strong sense of belonging to my own ethnic group.

I understand pretty well what my ethnic group membership means to me.

In order to learn more about my ethnic background, I have often talked to other people about my ethnic group.

I have a lot of pride in my ethnic group.

I participate in cultural practices of my own group, such as special food, music, or customs.

I feel a strong attachment towards my own ethnic group.

I feel good about my cultural or ethnic background.

reference>

Phinney, J. S. (1992). The multiple ethnic identity measure. *Journal of Adolescent Research*, 7(2), 156-176.